

IMAGINE INDEPENDENCE

valuing people challenging stigma transforming lives



Knowsley Bridge
Knowsley Social Inclusion Service

If you live in Knowsley, are aged 18 or over and using Mental Health Services or seeing your GP for a mental health related condition we can give you specialist one to one support to help you access:



Employment

We help identify what kind of work would suit you, looking at your experience, abilities and interests. We'll show you how to write a good CV, complete effective application forms and help you job search and prepare for interviews.

We can also continue to support you once you're in work.



Volunteering

We can help you find and prepare for volunteering opportunities that match your interests and we offer support once you're in a placement.

Gain experience and build your confidence – volunteering can help you progress into paid work.



Sports, Leisure and Healthy Living

Identify and pursue sport or leisure activities you enjoy. Try something new or access a pursuit you love or used to take part in. Find out what's going on in your community or further afield.



Community Based Education

Whether you want to build on your skills, gain new ones or re-train, we're here to help find course information, contact training providers, identify funding and support you to enrol.

Office
use only

Date received

Referral taken by

Knowsley Social Inclusion Service Referral Form

You can self-refer or someone can refer on your behalf.

For confidentiality, if sending this form by post or email, please only include initials, date of birth and post code and call us to provide additional information.

Full Name D.O.B.

Address

..... Post Code

Home phone Mobile

Email

What community activities are you interested in?

- ☐ Volunteering
- ☐ Community based Education/ Training
- ☐ Community based Arts, Sport, Leisure or Healthy Living

We also run a range of groups, activities and drop-ins throughout Knowsley;
☐ please tick here if you are interested

☐ Tick if you have referred yourself

How did you hear about us?

☐ Tick if you are on CPA*

*Please supply a copy of the CPA Care Plan and Risk assessment (hand delivered only)

GP Name and Address

NHS No. if known

Referrer details (including address, post code, phone number, email)

To give feedback as a referrer please email manager Paul Clarke
pclarke@imagineindependence.org.uk

Eligibility

If you are aged 18 or over, live in Knowsley, use Mental Health Services or see your GP for a mental health related issue then you can access this service.

Bring your completed form to:

Knowsley Social Inclusion Service, Imagine Independence,
45 Dovecot Place, Liverpool, L14 9BJ

Email to: pclarke@imagineindependence.org.uk

We also take referrals over the phone, for more help and information call

07969 201927

You may post this form to us at the above address but if you are a referring agency please use only initials, date of birth and postcode, omitting full name and address. We request that you then call the service to provide the personal and contact information.

One of the team will contact you to arrange a meeting. We will ask you for your NHS Number if we don't already have it.

During the first meeting we will discuss accessing your chosen activity. You are welcome to bring along anyone you wish to support you at this meeting.

Ask about our Peer Support Groups

For those subject to CPA we require a copy of the Care Plan and Risk assessment before an initial meeting can be carried out. These can be hand delivered to our Knowsley Bridge office or collection arranged. Please do not send these by post or email. Your Care Co-ordinator or Support Worker is encouraged to attend the initial meeting.



@ImagineIndep01

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www.imagineindependence.org.uk

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